



# KARATE ITALY

Associazione Sportiva Dilettantistica

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## 6<sup>TH</sup> WGKF GOJU-RYU CHAMPIONSHIP

ITALY 2022



# WGKF





*Italy, January 15<sup>th</sup> 2022*

## OFFICIAL INVITATION



Marcello Tiberi

***President WGKF - Italy***



Humberto Nuno Oliveira

***President WGKF - Portugal***

It's a great pleasure and honour for us to host the 6th WGKF Championship here in Italy in Foligno.

The task to representing the WGKF was given to me in Kuala Lumpur (Malaysia) in 2019 during the General Meeting, but it is a must to remember those who wantend this event with great foresight: the President in memoriam, our brilliant Master Marcello Tiberi.

As we know his biggest dream wast to bring together all the karate Goju-Ryu practitioners in the world in a single competition regardless of the Federations or various Goju-ryu Schools. His preminent aim was of promoting, organizing and popularising Goju-Ryu Karate-Do all over the world.

We have worked hard to offer you every confort both in the conduct of the Championship and also in the Hotel reception and in the further needs of your visit. We will do our best to leave you a good memory of the Championship, of Foligno and of our Country.

A big and sincere thank you in advance to all the Masters and Athlets who will be present and who in this very hard moment of pandemic will make this Championship a memorable event.

We look forward to giving you our joyful and warm welcome!

Master Simonetta Lungo

*Karate Italy*

***National WGKF representative***





## COMUNE DI FOLIGNO

*“E’ un grande onore per la Città di Foligno ospitare il sesto Campionato WGKF di Karate Goju-ryu al quale parteciperanno 1200 atleti provenienti da 60 nazioni di tutto il mondo. E proprio qui ‘al centro del mondo’ saranno assegnati 98 titoli mondiali, tra individuali, a squadre e paraolimpici.*

*Ospitare a Foligno un evento così significativo, rappresenta una strategica occasione sia per il settore turistico-ricettivo che per quello della promozione territoriale. Ringrazio il comitato organizzatore, l'amministrazione comunale, le associazioni del territorio, l'Ente Giostra Quintana ed il Festival de I Primi d'Italia. Un particolare ringraziamento a Simonetta Lungo, agli assessori allo Sport Decio Barili, al Turismo Michela Giuliani, e tutti gli uffici che hanno collaborato nonché all'assessore regionale allo Sport e al Turismo Paola Agabiti ed al presidente del Coni Umbria Domenico Ignozza. Nel 2021 avevamo già riportato a Foligno i grandi eventi della Danza Sportiva con oltre 1200 presenze, e la 10° tappa del Giro d'Italia, con presenze che hanno interessato l'intero comprensorio e portato visibilità internazionale: il progetto ‘Foligno capitale internazionale dello Sport’ è una concreta realtà, e grazie ad investimenti senza precedenti sugli impianti, crescerà sempre di più”.*

Sindaco

**Stefano Zuccarini**



# WGKF





*I am very pleased to offer the greeting address of the Umbria Regional Olympic Committee and my personal one to the participants in the 6th edition of the WKGF GOJU-RYU KARATE CHAMPIONSHIP. Athletes, technicians, managers from 80 nations will take part in an international event that has become a full part of the most desired competitive activities in the world. A moment of healthy competitive aggregation that the city of Foligno will be able to enhance even more with its proverbial welcome and closeness to Sport declined in all its specificities.*

*The prestigious event which will see the participation of about 1200 athletes is a source of pride for all those who with great professionalism and commitment have organized this world event, a unique opportunity to promote a sport practiced by millions of children all over the world.*

*To the commitment of the Italian Karate Society, to the sensitivity and competence of Simonetta Lungo – responsible for the Organization Committee –, to the collaboration of the Municipal Administration of Foligno and to the Patronage of the Umbria Region, my heartfelt thanks for the hard work.*

*With the hope of attending competitions that will take place in the name of the great values of Sport and Olympism, sure that the participants will give us vibrant and fair competitions, I wish the Athletes, the Coaches and the Managers to live a special experience full of prestigious results to compensate for the commitment and sacrifices that Sport ask from its passionate practitioners.*

*Sono molto lieto di porgere l'indirizzo di saluto del Comitato Olimpico regionale Umbria e mio personale ai partecipanti alla 6<sup>a</sup> edizione del WKGF GOJU-RYU KARATE CHAMPIONSHIP.*

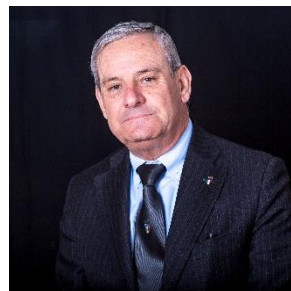
*Atleti, Tecnici, Dirigenti di 80 nazioni prenderanno parte ad un evento internazionale che è entrato a far parte a pieno titolo tra le attività agonistiche più ambite al mondo. Un momento di sana aggregazione competitiva che la città di Foligno saprà ancor più valorizzare con la sua proverbiale accoglienza e vicinanza allo Sport declinato in ogni sua specificità.*

*La prestigiosa manifestazione che vedrà la partecipazione di circa 1200 atleti rappresenta motivo d'orgoglio per tutti coloro che con grande professionalità e impegno hanno organizzato questo appuntamento mondiale, occasione unica per promuovere una disciplina sportiva praticata da milioni di ragazzi in ogni parte del mondo.*

*All'impegno della Società Karate Italia, alla sensibilità e competenza di Simonetta Lungo – responsabile del Comitato Organizzatore –, alla collaborazione dell'Amministrazione comunale di Foligno e al Patrocinio della Regione Umbria, il mio più sentito ringraziamento per il lavoro profuso.*

*Con l'auspicio di assistere a gare che si svolgeranno all'insegna dei grandi valori dello Sport e dell'Olimpismo, sicuro che i partecipanti ci regaleranno competizioni vibranti e leali, agli Atleti, ai Tecnici ed ai Dirigenti giunga l'augurio di vivere un'esperienza speciale e ricca di risultati prestigiosi a compenso dell'impegno e dei sacrifici che lo Sport richiede ai suoi appassionati praticanti.*

**Dott. Domenico Ignozza**  
**Presidente Regionale CONI**





## GENERAL INFORMATION

- **DATE:** 8th – 11th September 2022
- **VENUE:** Foligno, ITALY
- **TECHNICAL ORGANISATION:** The Organizing Committee is responsible for and full control of the technical organization of the Karate competition, in consultation with the international technical delegates when necessary.
- **DRAWING OF LOTS:** The drawing of lots will be conducted by officials appointed by the Organizing Committee. The draw will be computerized.
- **DRESS CODE:** All contestants and team officials (coaches, managers, etc.), Referees and judges must wear the prescribed uniforms as defined in Appendix 1 of the WKF Rules..

## COMPETITION SCHEDULE and EVENTS

### FROM 5th TO 7th SEPTEMBER

- arrival of national teams and registration check

### 7th SEPTEMBER: arrival of national teams and registration check

- Referee's and Coaches meeting, training and qualifying examinations
- WGKF Congress at the Town Hall h. 18
- Welcome dinner at the Delfina Palace Hotel h. 20,30

### 8th SEPTEMBER:

- Kata Individual male/female
  - Children
  - Kids
  - Mini cadet
  - Cadet
  - Junior
  - Under 21





- Kata Team male / female

- Children
- Kids
- Mini cadet
- Cadet
- Junior
- Under 21

- Kata Team male / female

- Children
- Kids
- Mini Cadet
- Cadet/Junior

- Opening Ceremony h 18 at the Stadium adjacent to the Sportshall

**9th SEPTEMBER:**

- Kata individual male / female

- Senior
- Veteran
- Master
- Grand Master + 55
- Grand Master + 65

- Kata Team male / female

- Senior
- Masterclass

- Kumite individual male / female

- Children
- Kids
- Mini Cadet

- Kata male / female

- Blind & visually impaired
- Wheelchair user
- Learning disabilities







## 10th SEPTEMBER:

- Kumite individual male / female
  - Cadet
  - Junior
  - Under 21
  - Senior
  - Veteran
  - Master
  - Grand Master + 55
  - Grand Master +65

## 11th SEPTEMBER:

- Kumite Team male / female all categories
- SAYONARA PARTY at the Sports Hall from h. 21. The cost is included in your bookings at affiliated hotels. For the others the cost is euro 15,00.

The Victory Cerimonies shall be held after competition of every 5/8 categories.

**THE PROGRAM MAY UNDERGO VARIATIONS BASED ON THE NUMBER OF REGISTRATIONS  
ALL PARTICIPATING TEAMS ARE REQUIRED TO BRING ALONG THEIR OWN COUNTRY FLAG  
AND NATIONAL ANTHEM.**

The 6<sup>th</sup> WGKF Championship will be preceded by a seminar on Sunday 4 September. It will be held by the Olympic Italian Champion Luigi Busà.

Cost: 25 euro up to 12 years old  
40 euro adults.





**We will have professional moving photos and videos during all four days of the Championship.**

The photo-video service will be managed and guaranteed by a specially appointed Company specialized in the matter.

The staff of photographers is made up of n. 8 elements and will be present both on the n. 6 tatami and on the podium of the awards.

The photos and videos will be available by the end of the day and will remain saved in the drive on line.

The cost for all the service is of only 7 euros per athlete to be paid at the time of registration control on Wednesday as scheduled in the bulletin.

Photo-video rights are subject to copyright therefore photographs or videos, even amateur ones, are not allowed. To protect and respect this exclusivity a control service has been set up by the Security personnel inside the building.

## OFFICIAL CATEGORIES

### KATA INDIVIDUAL

FEMALE KATA INDIVIDUAL CHILDREN 8/9 (from white to orange belt)	(6 pax)
FEMALE KATA INDIVIDUAL CHILDREN 8/9 (from green to blue belt)	(6 pax)
FEMALE KATA INDIVIDUAL CHILDREN 8/9 (from brown to black belt)	(6 pax)
FEMALE KATA INDIVIDUAL KIDS 10/11 (from white to orange belt)	(6 pax)
FEMALE KATA INDIVIDUAL KIDS 10/11 (from green to blue belt)	(6 pax)
FEMALE KATA INDIVIDUAL KIDS 10/11 (from brown to black belt)	(6 pax)
FEMALE KATA INDIVIDUAL MINICADET 12/13	(6 pax)
FEMALE KATA INDIVIDUAL CADET 14/15	(3 pax)
FEMALE KATA INDIVIDUAL JUNIOR 16/17	(3 pax)
FEMALE KATA INDIVIDUAL UNDER21 18/19/20	(3 pax)
FEMALE KATA INDIVIDUAL SENIOR ≥ 16	(3 pax)
FEMALE KATA INDIVIDUAL VETERAN ≥ 35	(3 pax)
FEMALE KATA INDIVIDUAL MASTER ≥ 45	(3 pax)
FEMALE KATA INDIVIDUAL GRAND MASTER ≥ 55	(3 pax)
FEMALE KATA INDIVIDUAL GRAND MASTER + ≥ 65	(3 pax)
FEMALE KATA INDIVIDUAL BLIND & VISUALLY IMPAIRED ≥ 16	(3 pax)
FEMALE KATA INDIVIDUAL WHEELCHAIR USER ≥ 16	(3 pax)
FEMALE KATA INDIVIDUAL LEARNING DISABILITIES ≥ 16	(3 pax)
MALE KATA INDIVIDUAL CHILDREN 8/9 (from white to orange belt)	(6 pax)
MALE KATA INDIVIDUAL CHILDREN 8/9 (from green to blue belt)	(6 pax)
MALE KATA INDIVIDUAL CHILDREN 8/9 (from brown to black belt)	(6 pax)
MALE KATA INDIVIDUAL KIDS 10/11 (from white to orange belt)	(6 pax)
MALE KATA INDIVIDUAL KIDS 10/11 (from green to blue belt)	(6 pax)







MALE KATA INDIVIDUAL KIDS 10/11 (from brown to black belt)	(6 pax)
MALE KATA INDIVIDUAL MINICADET 12/13	(6 pax)
MALE KATA INDIVIDUAL CADET 14/15	(3 pax)
MALE KATA INDIVIDUAL JUNIOR 16/17	(3 pax)
MALE KATA INDIVIDUAL UNDER21 18/19/20	(3 pax)
MALE KATA INDIVIDUAL SENIOR $\geq 16$	(3 pax)
MALE KATA INDIVIDUAL VETERAN $\geq 35$	(3 pax)
MALE KATA INDIVIDUAL MASTER $\geq 45$	(3 pax)
MALE KATA INDIVIDUAL GRAND MASTER $\geq 55$	(3 pax)
MALE KATA INDIVIDUAL GRAND MASTER + $\geq 65$	(3 pax)
MALE KATA INDIVIDUAL BLIND & VISUALLY IMPAIRED $\geq 16$	(3 pax)
MALE KATA INDIVIDUAL WHEELCHAIR USER $\geq 16$	(3 pax)
MALE KATA INDIVIDUAL LEARNING DISABILITIES $\geq 16$	(3 pax)

## KUMITE INDIVIDUAL

FEMALE KUMITE INDIVIDUAL CHILDREN 8/9 -27KG	(6 pax)
FEMALE KUMITE INDIVIDUAL CHILDREN 8/9 -32KG	(6 pax)
FEMALE KUMITE INDIVIDUAL CHILDREN 8/9 +32KG	(6 pax)
FEMALE KUMITE INDIVIDUAL KIDS 10/11 -37KG	(6 pax)
FEMALE KUMITE INDIVIDUAL KIDS 10/11 -45KG	(6 pax)
FEMALE KUMITE INDIVIDUAL KIDS 10/11 +45KG	(6 pax)
FEMALE KUMITE INDIVIDUAL MINICADETS 12/13 -42KG	(6 pax)
FEMALE KUMITE INDIVIDUAL MINICADETS 12/13 -47KG	(6 pax)
FEMALE KUMITE INDIVIDUAL MINICADETS 12/13 +47KG	(6 pax)
FEMALE KUMITE INDIVIDUAL CADET 14/15 -47KG	(3 pax)
FEMALE KUMITE INDIVIDUAL CADET 14/15 -54KG	(3 pax)
FEMALE KUMITE INDIVIDUAL CADET 14/15 +54KG	(3 pax)
FEMALE KUMITE INDIVIDUAL JUNIOR 16/17 -48KG	(3 pax)
FEMALE KUMITE INDIVIDUAL JUNIOR 16/17 -53KG	(3 pax)
FEMALE KUMITE INDIVIDUAL JUNIOR 16/17 -59KG	(3 pax)
FEMALE KUMITE INDIVIDUAL JUNIOR 16/17 +59KG	(3 pax)
FEMALE KUMITE INDIVIDUAL UNDER21 18/19/20 -50KG	(3 pax)
FEMALE KUMITE INDIVIDUAL UNDER21 18/19/20 -55KG	(3 pax)
FEMALE KUMITE INDIVIDUAL UNDER21 18/19/20 -61KG	(3 pax)
FEMALE KUMITE INDIVIDUAL UNDER21 18/19/20 -68KG	(3 pax)
FEMALE KUMITE INDIVIDUAL UNDER21 18/19/20 +68KG	(3 pax)
FEMALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -50KG	(3 pax)
FEMALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -55KG	(3 pax)
FEMALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -61KG	(3 pax)
FEMALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -68KG	(3 pax)
FEMALE KUMITE INDIVIDUAL SENIOR $\geq 18$ +68KG	(3 pax)
FEMALE KUMITE INDIVIDUAL VETERAN $\geq 35 \leq 1,6M$	(3 pax)
FEMALE KUMITE INDIVIDUAL VETERAN $\geq 35 +1,6M$	(3 pax)





FEMALE KUMITE INDIVIDUAL MASTER $\geq 45 \leq 1,6M$	(3 pax)
FEMALE KUMITE INDIVIDUAL MASTER $\geq 45 +1,6M$	(3 pax)
FEMALE KUMITE INDIVIDUAL GRAND MASTER $\geq 55 \leq 1,6M$	(3 pax)
FEMALE KUMITE INDIVIDUAL GRAND MASTER $\geq 55 +1,6M$	(3 pax)
FEMALE KUMITE INDIVIDUAL GRAND MASTER + $\geq 65 \leq 1,6M$	(3 pax)
FEMALE KUMITE INDIVIDUAL GRAND MASTER + $\geq 65 +1,6M$	(3 pax)

MALE KUMITE INDIVIDUAL CHILDREN 8/9 -27KG	(6 pax)
MALE KUMITE INDIVIDUAL CHILDREN 8/9 -32KG	(6 pax)
MALE KUMITE INDIVIDUAL CHILDREN 8/9 +32KG	(6 pax)
MALE KUMITE INDIVIDUAL KIDS 10/11 -36KG	(6 pax)
MALE KUMITE INDIVIDUAL KIDS 10/11 -43KG	(6 pax)
MALE KUMITE INDIVIDUAL KIDS 10/11 +43KG	(6 pax)
MALE KUMITE INDIVIDUAL MINICADETS 12/13 -40KG	(6 pax)
MALE KUMITE INDIVIDUAL MINICADETS 12/13 -45KG	(6 pax)
MALE KUMITE INDIVIDUAL MINICADETS 12/13 -50KG	(6 pax)
MALE KUMITE INDIVIDUAL MINICADETS 12/13 -55KG	(6 pax)
MALE KUMITE INDIVIDUAL MINICADETS 12/13 +55KG	(6 pax)
MALE KUMITE INDIVIDUAL CADET 14/15 -52KG	(3 pax)
MALE KUMITE INDIVIDUAL CADET 14/15 -57KG	(3 pax)
MALE KUMITE INDIVIDUAL CADET 14/15 -63KG	(3 pax)
MALE KUMITE INDIVIDUAL CADET 14/15 -70KG	(3 pax)
MALE KUMITE INDIVIDUAL CADET 14/15 +70KG	(3 pax)
MALE KUMITE INDIVIDUAL JUNIOR 16/17 -55KG	(3 pax)
MALE KUMITE INDIVIDUAL JUNIOR 16/17 -61KG	(3 pax)
MALE KUMITE INDIVIDUAL JUNIOR 16/17 -68KG	(3 pax)
MALE KUMITE INDIVIDUAL JUNIOR 16/17 -76KG	(3 pax)
MALE KUMITE INDIVIDUAL JUNIOR 16/17 +76KG	(3 pax)
MALE KUMITE INDIVIDUAL UNDER21 18/19/20 -60KG	(3 pax)
MALE KUMITE INDIVIDUAL UNDER21 18/19/20 -67KG	(3 pax)
MALE KUMITE INDIVIDUAL UNDER21 18/19/20 -75KG	(3 pax)
MALE KUMITE INDIVIDUAL UNDER21 18/19/20 -84KG	(3 pax)
MALE KUMITE INDIVIDUAL UNDER21 18/19/20 +84KG	(3 pax)
MALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -60KG	(3 pax)
MALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -67KG	(3 pax)
MALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -75KG	(3 pax)
MALE KUMITE INDIVIDUAL SENIOR $\geq 18$ -84KG	(3 pax)
MALE KUMITE INDIVIDUAL SENIOR $\geq 18$ +84KG	(3 pax)
MALE KUMITE INDIVIDUAL VETERAN $\geq 35 \leq 1,7M$	(3 pax)
MALE KUMITE INDIVIDUAL VETERAN $\geq 35 +1,7M$	(3 pax)
MALE KUMITE INDIVIDUAL MASTER $\geq 45 \leq 1,7M$	(3 pax)
MALE KUMITE INDIVIDUAL MASTER $\geq 45+ +1,7M$	(3 pax)
MALE KUMITE INDIVIDUAL GRAND MASTER $\geq 55 \leq 1,7M$	(3 pax)
MALE KUMITE INDIVIDUAL GRAND MASTER $\geq 55 +1,7M$	(3 pax)





MALE KUMITE INDIVIDUAL GRAND MASTER +  $\geq 65 \leq 1,7M$

(3 pax)

MALE KUMITE INDIVIDUAL GRAND MASTER +  $\geq 65 + 1,7M$

(3 pax)

## **KATA TEAM**

FEMALE KATA TEAM CHILDREN 8/9

FEMALE KATA TEAM KIDS 10/11

FEMALE KATA TEAM MINICADET 12/13

FEMALE KATA TEAM CADET/JUNIOR 14/17

FEMALE KATA TEAM SENIOR  $\geq 16$

FEMALE KATA TEAM MASTERCLASS  $\geq 35$

MALE KATA TEAM CHILDREN 8/9

MALE KATA TEAM KIDS 10/11

MALE KATA TEAM MINICADET 12/13

MALE KATA TEAM CADET/JUNIOR 14/17

MALE KATA TEAM SENIOR  $\geq 16$

MALE KATA TEAM MASTERCLASS  $\geq 35$

**MIX KATA TEAM SENIOR  $\geq 16$  (2+1 / 1+2)**

## **KUMITE TEAM**

FEMALE KUMITE TEAM CHILDREN (3+1) 8/9

FEMALE KUMITE TEAM KIDS (3+1) 10/11

FEMALE KUMITE TEAM MINICADET (3+1) 12/13

FEMALE KUMITE TEAM CADET (3+1) 14/15

FEMALE KUMITE TEAM JUNIOR (3+1) 16/17

FEMALE KUMITE TEAM UNDER21 (3+1) 18/19/20

FEMALE KUMITE TEAM SENIOR (3+2)  $\geq 18$

MALE KUMITE TEAM CHILDREN (3+1) 8/9

MALE KUMITE TEAM KIDS (3+1) 10/11

MALE KUMITE TEAM MINICADET (3+1) 12/13

MALE KUMITE TEAM CADET (3+1) 14/15

MALE KUMITE TEAM JUNIOR (3+1) 16/17

MALE KUMITE TEAM UNDER21 (3+1) 18/19/20

MALE KUMITE TEAM SENIOR (5+2)  $\geq 18$

**MIX KUMITE TEAM SENIOR  $\geq 18$  (3M/2F + 1M/1F)**

PAX = PERSON





## REGISTRATION & PAYMENTS

- The Closing date for all entries will be on 15th August 2022
- All registrations must be made **online**, within the deadlines above mentioned, through Sportdata
- The organizing committee wishes to have your Nation's confirmation of participation, once you have received the Championship Details
- EXPENSES:
  - € 35 for individual category
  - € 120 for Team
  - € 30 for additional category
  - € 100 for Referee Course (WGKF licence)
  - € 100 for Coach Course (WGKF licence)
  - € 35 for Referee Seminar
  - € 25 kids seminar L. Busà
  - € 40 adults Seminar L. Busà
  - € 7 photo/video service
- Payment can be made:
  - via Sportdata
  - via wire transfer:
    - BENEF: KARATEITALY
    - BANK: BANCO DESIO
    - IBAN: IT57 H034 4038 5100 0000 0002 510
    - Copy of the bank transfer by email: [info@karateitaly.com](mailto:info@karateitaly.com)





## HOTEL AND TRANSPORTATION

### **Accommodation:**

- Youth Hostel in Foligno - multiple beds in bb € 32.00 p.p.p.n. - double room in bb € 37.00 p.p.p.n.

**Delfina Palace Hotel Foligno \*\*\*\*\***

bed and breakfast rate per person per day € 58.00 ( accommodation in double , triple , quadruple )

bed and breakfast rate per person per day € 87.00 ( accommodation in dus )

bed and breakfast rate per person per day € 81.00 ( accommodation in single room)

**Hotel Le Colombare 4\*** in Foligno (about 8km from Palapartenesi)

accommodation in single classic in bb € 86,00 per room per night

accommodation in double classic in bb € 105,00 per room per night

accommodation in triple classic in bb € 133,00 per room per night

or

**City Hotel 3\*** in Foligno (about 2km from Palapartenesi)

accommodation in single room in bb € 77,00 per room per night

accommodation in double room in bb € 112,00 per room per night

accommodation in triple room in bb € 155,00 per room per night

Half board basis (including 1/2 water and a quarter of wine) + € 20,00 per person per day

- 4 star hotel in Bastia Umbra (22km from Foligno) double room in bb € 39 p.p.p.n. - triple room in bb € 36 p.p.p.p.

For any information about Hotel and Transportation contact:

**Nanà Viaggi Travel Concept Store**

via Fratti 262 - 55049 Viareggio LU

Ph 0039 (0)584 1842116/117

Fax 0039 (0)584 1842118

[www.nanaviaggi.it](http://www.nanaviaggi.it)

[nanaviaggiworld@gmail.com](mailto:nanaviaggiworld@gmail.com)







## HEAD QUARTERS HOTEL:

### HOTEL PLATANI



## SOMETHING ABOUT FOLIGNO

### Foligno, (Right) at The Centre of the world

#### **Umbrian, Roman, To be experienced**

Foligno, placed in the deep heart of Umbria and Italy, is traditionally Known as “The Centre of the World”.

Inhabited by populations of UMBRI at first, colonized by the Romans for a long time then, It probably took its name from to the worship of a Roman Goddess called Fulginia. Its privileged position as essential crossroad all over the Country, has been making Foligno a thriving city in trade and manufacture since the ancient times. Saint Francis chose its Market Square to carry out the famous selling of his horse and cloths to rebuild Saint Damiano’s Church.





Many years later, in 1472, always in the same Square, the first printed edition of the “Divine Comedy” by Dante Alighieri came out.

### **The City of the Mansions**

Foligno is a prosperous and noble city, marked by several “PALAZZOS” , witnesses of a never fade away opulence. Among the most important we find: Palazzo Trinci that hosts the Municipal Museum and a precious cycle of frescos probably signed by Gentile da Fabriano; Orfini Palace, location of the printing house that gave birth to the first printed issue of the Divine Comedy and today turned in an interesting history of publishing museum. Candiotti Residence which is now the ENTE GIOSTRA DELLA QUINTANA headquarter and the impressive Municipal Palace with its iconic tower, rebuilt after the horrifying 1997 earthquake.

### **The City of Churches and Parishes**

The soul of the city is the spiritual one. S.Feliciano Cathedral, the ORATORIO DEL CROCIFISSO, right nearby the Saint Domenico Auditorium, Santa Maria Infraportas, the most ancient church in town, are only a few of the wonders that Foligno preserves.

The ORATORIO DELLA NUNZIATELLA, then, with its remarkable frescos by Pietro Vannucci, as known as Il Perugino, is a real miracle of beauty.

### **The city of “Giostra della Quintana”**

On every June and September, the ten ancient city districts of the town face each other in a fiery equestrian competition to gain the PALIO. The entire city turns backward to its Baroque past with the opening of the typical taverns, the sumptuous historical parade and generally enjoying the magical seventeenth-century atmosphere spread by Festivals like “SEGNI BAROCCHI”.

More over, to the GIOSTRA DELLA QUINTANA has been recently dedicated a new interactive museum.

### **The city of Arts:**

The CALAMITA COSMICA, the Centre of Contemporary Art (CIAC), the Archeological and the Diocesan Museums enrich the cultural offers of a city deeply in love with its artistic patrimony.

### **The City of Enjoying Life**

Young and Sparkly, with an energetic city centre, Foligno hosts very important Festivals and events. One for all “PRIMI D’ITALIA”, entirely dedicated to the most famous of our national products: PASTA.



## Naturalistic Heritage:

The magic of Rasiglia with its powerful waters, the Menotre Valley and its tumultuous river jumping into fascinating falls, the impressive Sassovivo Abbey, the hermitage of Pale surrounding by its spiritual halo, rather than the quiet Colfiorito Park with its swamp and its migratory birds add value to a land ever such devoted to nature and to out door activities like hiking or biking.







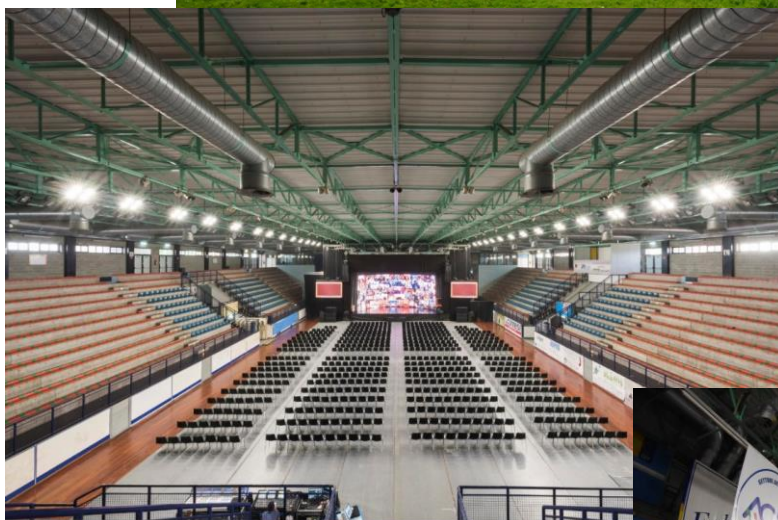
# KARATE ITALY

Associazione Sportiva Dilettantistica

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## THE STADIUM

### Palasport Palapaternesi Foligno



# WGKF





## SOMETHING ABOUT LOCATION IN UMBRIA

### Assisi

Assisi, lying on the slopes of Mount Subasio and dominated by the impressive Rocca Maggiore, is Unesco World Heritage since 2000 and boasts an extraordinary beauty, with intense aromas and colours. Visiting Assisi means exploring places related to the life of St. Francis and St. Clare, discovering its Roman origins, walking or cycling through ancient pilgrimage routes, immersing yourself in nature. The world knows Assisi as hometown of Saint Francis, the place of his preaching and cradle of Franciscanism:



the most important monuments are the Basilica of Saint Francis, symbol of Gothic in Italy and one of the most famous basilicas in the world, the Basilica of Saint Clare, the Porziuncola, the Sanctuary of San Damiano and the Sanctuary of Rivotorto. Assisi houses numerous ancient places of Roman origin, which create an interesting itinerary at the discovery of the Municipium of Asisium: you start from the Roman Forum with the Temple of Minerva and then you reach the Roman Houses, two real jewels: the Domus of Propertius and the Domus of Lararium. Assisi is a culturally vibrant city, with fascinating events like the Calendimaggio, il Palio di San Rufino, the Feast of Saint Francis and Unto, the event dedicated to extra virgin olive oil and other food and wine specialties. Assisi is a special place, to live intensely, in peace and tranquillity, it is ideal to rediscover your dimension of human person, in harmony with nature and the environment.

### Bevagna

Located in the very heart of Umbria, Bevagna is on the western edge of the plain of Foligno, at the foot of the hills where Montefalco rises, near a bend in the Timia River. The hill of the Umbrian valley where the city was built is surrounded by fertile plains rich with water where grain, vineyards and olive groves grow. It is a member of the Most Beautiful Towns of Italy club for its environmental, cultural and artistic heritage.







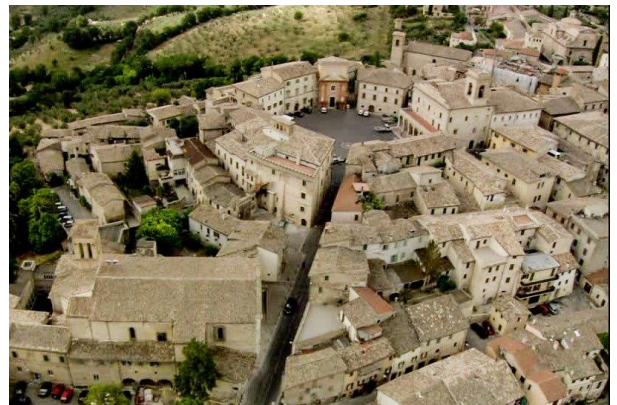
## Gualdo Cattaneo

The foundation of Gualdum Captaneorum, castle set in the foothills of the Martani Mountains, dates back to 975 when Count Edoardo Cattaneo, vassal of the Holy Roman Emperor Otto II of Saxony, received it as his fief and built the fortress. The town was certainly of Longobard origins as can be seen from the name: Gualdo derives from "Wald" (forest, wood), and Cattaneo from "Captaneorum" (captains, lords in the service of their king).



## Montefalco

Situated in the central west of Umbria, Montefalco stands on a hill carpeted with olive trees and grape vines, in the middle of the valley of the Clitunno, Topino and Tiber rivers. This breath-taking position has led to Montefalco being known as The Balcony-rail of Umbria. Because of its environmental, cultural and artistic heritage, Montefalco has become part of the club The Most Beautiful Villages of Italy.



## Nocera Umbra

Founded by the ancient Umbrians in the 6th century BC, Nocera Umbra was conquered by the Romans, who in 161 BC made it a municipium and an important post on the Flaminian Way. In the early Middle Ages, the town was first conquered and destroyed by Totila and the Goths (552 AD), and later included in the Duchy of Spoleto. Following the struggles for power taking place in most of Umbria in the 12th-14th centuries, in 1439 it was finally annexed to the Papal States, sharing in its history until the birth of the Kingdom of Italy (1860).





# KARATE ITALY

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Most probably founded by the Romans in 84 AD, the town had an important strategic function in the Middle Ages to control the Vigi River Valley: for this reason it was subjugated by the Longobards and the Duchy of Spoleto. In the 13th century it passed to the Papal States, in the 14th century it became fief of the Colligola family, lords of Montesanto, then in 1860 it voted to become part of the Kingdom of Italy.



## Spello

Spello combines its medieval features, such as winding alleys and ancient stone houses, with several remains of the Roman era, such as the town walls and the still well-preserved gates, the remains of the theatre, the amphitheatre and of the baths opened along this route. The village is still surrounded by walls, erected in 1360 by incorporating part of the Roman city walls and three splendid gates: the Consular gate (first c. BC), the Urbica gate (or St. Ventura gate) and the Venus gate of Augustan age, built as a triumphal arch, flanked by two dodecagonal towers, so called of Properzio.



## Trevi

Situated in central-west Umbria between Foligno and Spoleto, Trevi rises from the slopes of Mount Serano, which are carpeted in olive tree plantations overlooking the Spoleto Valley. Churches, towers and palaces give a noble silhouette to the town that stands at 412 metres, offering a breath-taking view onto the Via Flaminia. Because of its remarkable environmental, cultural and artistic heritage, Trevi has become part of the club The Most Beautiful Villages in Italy.







## Valtopina

The Valtopina area was inhabited in Roman times, and is mentioned in historical reports from the 10th century, when a community of from Puglia settled there. In 1282 it submitted to Assisi, and in 1383 Pope Urban assigned it to the seigniorship of the Trinci Foligno, to which it remained subject until



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of the Trinci in 1439. After passing under the direct control of the Church, Valtopina was invaded by French troops, and in 1849 it became part of the Roman Republic. In 1860 it entered the Kingdom of Italy, and after being under the control of the Commune of Foligno from 1927 to 1947, it became an autonomous commune once again in 1948.

## Santa Maria degli Angeli

The town takes its name from the sixteenth-century basilica of the same name, which dominates the whole at the foot of Assisi. In 576, a small chapel was built in the area by the Benedictines of the Monastery of San Benedetto del Monte Subasio. Around 1000, the area was known with the name of Cerreto di Porziuncle, due to the presence of a vast wooded area. The chapel was restored by San Francesco in the 12th century, who died there in 1226: since then it has been identified with the name of the Porziuncola Chapel. A convent and some small oratories were then added to the church. In 1216, St. Francis received a vision in the communication Jesus communicated to him that whoever had visited the church, duly confessed and communicated, which one would receive the forgiveness of sins. Pope Honorius III approved this indulgence, and set the Feast of Forgiveness on 1 and 2 August each year, which continues to attract a large number of religious tourists even today. In the second half of the 16th century, Pope Pius V had a mighty basilica built, designed by Galeazzo Alessi, as a shelter for the small Porziuncola, which has now become a crowded pilgrimage destination.





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